

COUNTRY & TOWN HOUSE

LIVING A BALANCED LIFE

JANUARY/FEBRUARY 2021 £3.90

GO WELL

Vaccines, vitamins
and virtuality –
take your health
in your hands

WHAM BAM!

Why this is Ellie Bamber's year

THE GENTRY GOES GREEN

*How country
estates are leading
the eco charge*

MOUNTAIN RESCUE

Let's hope we're
back on the
slopes by spring

THE INSIDER



MY OCTOPUS TEACHER
Tom Rooth's Octoplate, signed and dated, is screen-printed on earthenware. £95. tomrooth.com



SMART THINKING
Smallbone's Icarus dressing room boasts Samsung's AirDresser, a state-of-the-art system for keeping clothes refreshed using hot steam and filters. The Icarus Collection starts from £200,000; AirDresser, £1,999. smallbone.co.uk

INTERIORS

DESIGN NOTES

Chunky knits and funky weaves.
By *Carole Annett*

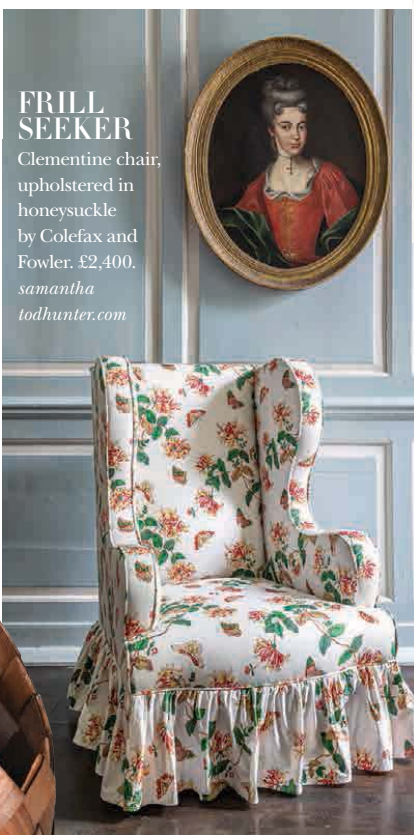


HUNKY & CHUNKY
Cosy Jo Arran Blanket, £125. jogbliving.com



FRILL SEEKER

Clementine chair, upholstered in honeysuckle by Colefax and Fowler. £2,400. samantha.todhunter.com



« FILE YOUR C&TH

Large woven magazine basket, £30. barkeandstonehouse.co.uk

DESIGNER TOUCH

Modotti garden throw blanket, crafted in Scotland with signature floral Erdem motif, £980. erdem.com



« SUGAR SPUN

Barley twist candlesticks handmade in Sicily. £75 each, Montes & Clark.



montesandclark.com

SUPER LUMINARIES

FIVE OF THE BEST



- 1 Clou wall light by **Cocovara** in rock crystal with bronze, £3,300; shade, £381.60. cocovara.co.uk
- 2 **Christopher Wray** Elise bathroom wall light, £325. christopherwray.com
- 3 Murano pill wall light, £660, by **Gong Lighting**. gong.co.uk
- 4 **Bill Amberg** hand-knotted leather wall light, £1,250. billamberg.com
- 5 Facet Collection wall light by **Laura Hammett and Bella Figura**, £2,405 (ex VAT). bella-figura.com



SHIMMY
Evelyn chandelier by Arteriors, £2,832. arteriorshome.com

« ROCK ON

Caesarstone's new Calacatta Maximus quartz emulates the look of marble yet can be seamless and colour controlled. From £550 per sq/m. caesarstone.co.uk



« ESCAPE TO THE COUNTRY

Great Masters collection Verdure Tapestry wallpaper by Cole & Son, £500 p/roll. cole-and-son.com

« INTO THE WOODS

'Day' linen by Makoto Kagoshima x Chariots on Fire for Christopher Farr Cloth, £125 p/m. christopherfarrcloth.com



OFFICER STYLE

This Barracks Bench from Albion Nord was inspired by the heritage of London's Chelsea Barracks. It comes in fumed pippy oak with an upholstered seat cushion, £10,000. albion-nord.com

